

# Hands on Horses

*Personal Development for Adults*

February 5 – March 26, 2021

Saturdays 11:00am – 12:30pm

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**Ages 18+ only**

Horse Body Language

Teamwork

Games

Communication

Self-Confidence

Creative Thinking



## What is Hands on Horses?

Hands on Horses (HOH) is a non-riding program that is proprietary to Todd Hill Farm and is trademark-pending. HOH builds on the principles of the Equine Assisted Learning (EAL) model where horses and humans become partners in problem solving exercises and games.

Participants learn about equine behavior as they work together in teams. The activities are designed to inspire creativity, communication, teamwork, and strategic thinking. Participants work together with the horses as their partners. Horses are sentient beings with unique personalities. By getting to know them better and overcoming personal biases and perceived limitations, participants can have breakthrough moments that can have a positive impact on many areas of their lives and relationships. Participants will discover new ways of looking at situations and will be challenged to think outside of the box and consider other points of view, appreciating everyone's unique contribution in a team environment.

This is an 8 week program with each session running 90 minutes.

No horse experience required.



**Dawn Josey** is a Certified EAL Facilitator and HOH Practitioner. She is the co-found of Hands on Horses. Dawn has been running EAL programs across the Maritimes for 3 years and has a passion for introducing young people to the wonder and joy of horse behavior.

**\$400/8 weeks + tax**

**For more info email: [dawn@toddhillfarm.com](mailto:dawn@toddhillfarm.com)**

**Visit our website! [toddhillfarm.com](http://toddhillfarm.com)**

6570 Hwy 2, Oakfield, NS B2T 1C3 Office: 902-883-9577 Cell: 902-476-4973

Participant's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Contact Number(s): \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

**Horse Experience & anything we should know (ie allergies):**

*\$100 deposit required with registration. Balance due one week prior to camp start date. Send e-transfers to: [lessons@toddhillfarm.com](mailto:lessons@toddhillfarm.com). If paying with credit card, please use online form. Attached waiver must be completed and signed.*

# Todd Hill Farm Hands on Horses

## PARTICIPATION WAIVER LIABILITY RELEASE

Name (participant) \_\_\_\_\_

SAFETY ISSUE ACKNOWLEDGMENT AND COMMITMENT: I understand and recognize that there are certain risks, dangers and perils connected with the use of horses in general as well as in an EAL controlled environment. Under these conditions, I realize Todd Hill Farm efforts to thoroughly inform, and continually maintain safety for all concerned. My child or youth in my legal care, will faithfully adhere to all safety instructions and recommendations provided by Todd Hill Farm, whether oral or written while on Todd Hill Farm premises. My child or youth in my legal care, will further agree to use and care for any and all Todd Hill Farm animals as well as those in the care of Todd Hill Farm to the best of his/her ability.

DATE: \_\_\_\_\_

\_\_\_\_\_  
PARTICIPANT AND/OR PARENT/GUARDIAN OF PARTICIPANT UNDER 18 YEARS OF AGE

IN CONSIDERATION of Todd Hill Farm, permitting my child or youth in my legal care, to participate in the, Equine-Assisted Learning, course, I FURTHER GIVE MY PERMISSION while my child or youth in my legal care, is attending the Equine-Assisted Learning Program, to take and use photographs at their discretion, inasmuch as the reproductions are in good taste and respectfully displayed.

DATE: \_\_\_\_\_

\_\_\_\_\_  
PARTICIPANT AND/OR PARENT/GUARDIAN OF PARTICIPANT UNDER 18 YEARS OF AGE

\_\_\_\_\_  
HOST FACILITY WITNESS NAME

\_\_\_\_\_  
HOST FACILITY WITNESS SIGNATURE